"Kingdom Blessings=Kingdom Happiness" Matthew 5:1-12; 6:33-34

It's the last words Moses speaks to the Israelites. (Deut. 33:29) It's the theme of the entire Psalter. (Psalm 1) It's the first words Jesus preached. (Matthew 5:1-12)

The word translated "blessed" in the NT is from the Greek word *Makarios*, which actually means "happy" or "favor from God that leads to happiness". The NASB translators only chose to translate Makarios as "happy" once in the NT. Romans 14:22 The faith which you have, have as your own conviction before God. **Happy** is he who does not condemn himself in what he approves.

Striving for happiness is not the problem. If you stopped trying to be happy you would cease to be human. It's actually the way God made us. Striving for happiness by setting up our own little kingdom and filling it with temporal things is the problem. If we strive for HOLINESS, we will find true happiness.

5. How do we seek first His righteousness?

•	Man has always sought to establish his		
own		by doing good works or following some	
rel	igious legal system.		

- But, Jesus said our righteousness must exceed that of the scribes and Pharisees. We would have to be ______to earn our way into the Kingdom of God.
- Only when we hunger and thirst for the righteousness only Jesus can give us by placing our faith in Him as Lord and Savior can we experience Kingdom blessing and happiness.

6. How do we seek first His kingdom?

• The	seeks temporal happiness by seeking first
our own	so that we can maximize our happiness and
minimize our suffer	ing. The natural man does not have to discipline himself
to do these things.	We are well practiced at seeking immediate happiness.
•	,,and
result when it our k	ingdom of happiness is threatened.
• The	seeks to glorify God through practicing the

Here is a list of spiritual disciplines. Notice they get harder as the list progresses. The harder the spiritual discipline, the more spiritual fruit and happiness/blessedness results.

- Attending church/worshipping with the Saints
- Singing songs, hymns, and spiritual songs
- Sitting under the preaching of God's Word
- Practicing stewardship of time, talent, and treasure
- Studying God's Word
- Practicing the "one-anothers" in the Bible
- Confession of sin
- Prayer and fasting
- Evangelism (This one seems hard because we can't control who will believe)
- Discipleship (This one is hard because people don't like to repent and change)

Children's Ministry is the easiest way to obey the Lord in the area of evangelism and discipleship, because children are most receptive to the Gospel and least hostile to change.

- Can you trust God for your happiness? Do you believe that He knows better than you what will make you ultimately happy?
- Romans 8:32 He who did not spare His own Son, but delivered Him up for us all, how will He not also with Him freely give us all things?
- If we seek first the glory of God in His Kingdom, we will find blessedness and happiness in Him.
- As the Reformers put it: "The chief end of man is to glorify God and enjoy Him forever."
- Or as John Piper puts it: "The chief end of man is to glorify God BY enjoying Him forever."